

Start each day with a positive thought

Let whatever you do today be enough

Don't worry for opportunity. Create it

The body achieves what the mind believes

Every moment matters

Start each day with a grateful heart

Enjoy the little things

Do one thing every day that makes you happy

Good things take time

What we think, we become

You are stronger than you think

Keep shining your light

I believe

I can do this

Think Positive!

Today I will let go of negativity

I can do all things

I am in charge

I choose happiness

I am improving each day

I accept myself

I believe in myself

Life is beautiful

I have the power to create change

I choose abundance

I release what is holding me back

I can and I will

Today will be an awesome day

I will attract good things into my life

My possibilities are endless

Today is my day

I AM

worthy

valued

helpful

loved

independent

open

strong

responsible

vibrant

healthy

caring

smart

courageous

balanced

happy

powerful

calm

honest

faithful

capable

content

loyal

confident

free

beautiful

dependable

safe

giving

complete

secure

motivated

fulfilled

creative

brave

inspired

patient

self reliant

authentic

proud

blessed

energetic

fearless

generous

relaxed

peaceful